

Step-by-step guide to referring to Collaborative Centre for Cardiometabolic Health in Psychosis (ccCHiP)



Collaborative Centre for
Cardiometabolic Health
in Psychosis

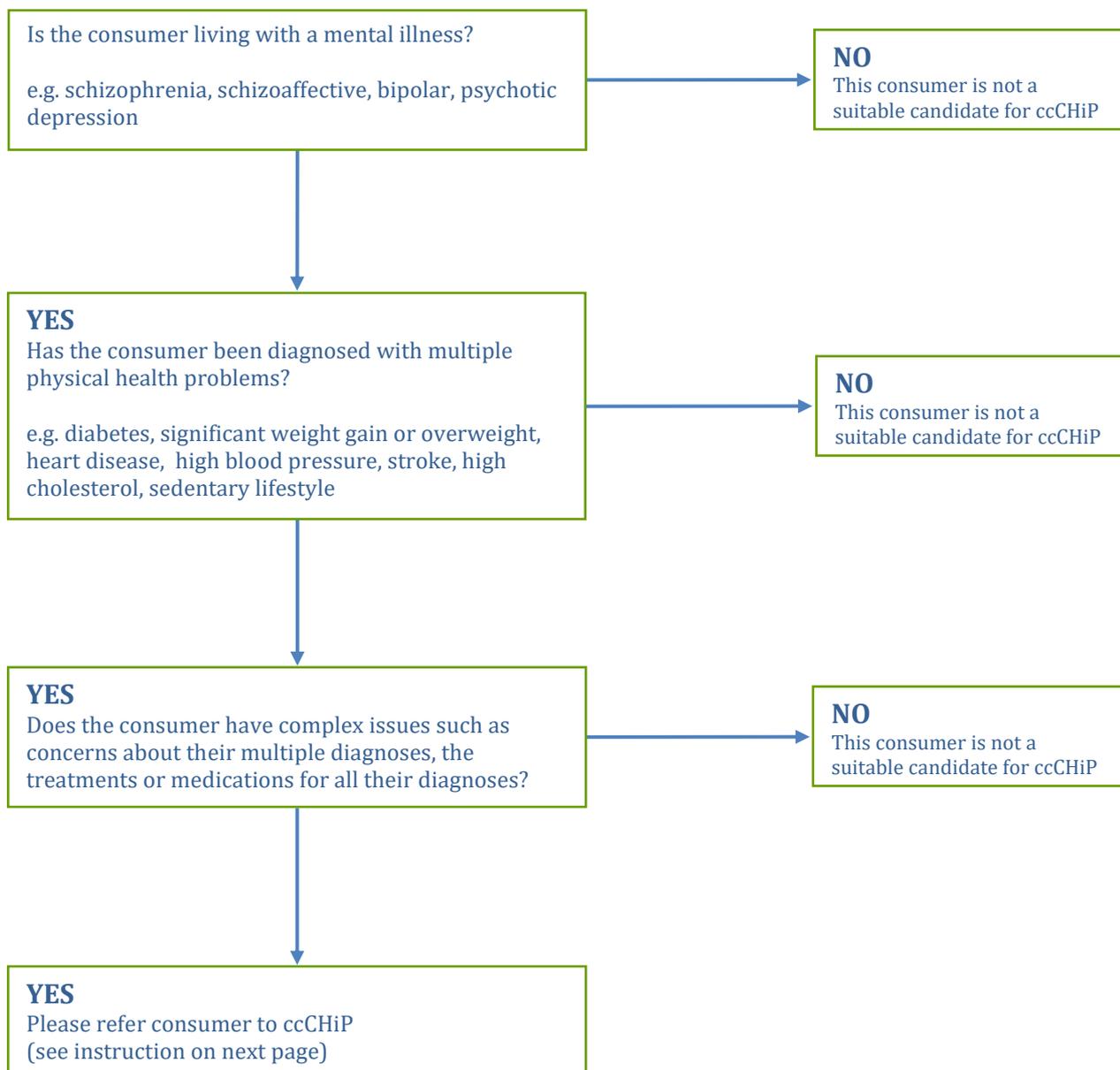
What is the ccCHiP clinic?

The ccCHiP Clinic is an integrated service for screening, detection, management and follow-up of metabolic disorders among people with severe mental illness. It does not take over the role of the GP or other health care providers, for example diabetes clinic or regular mental health service. Routine check ups and appointments should remain in place.

What is physical health and why is it important?

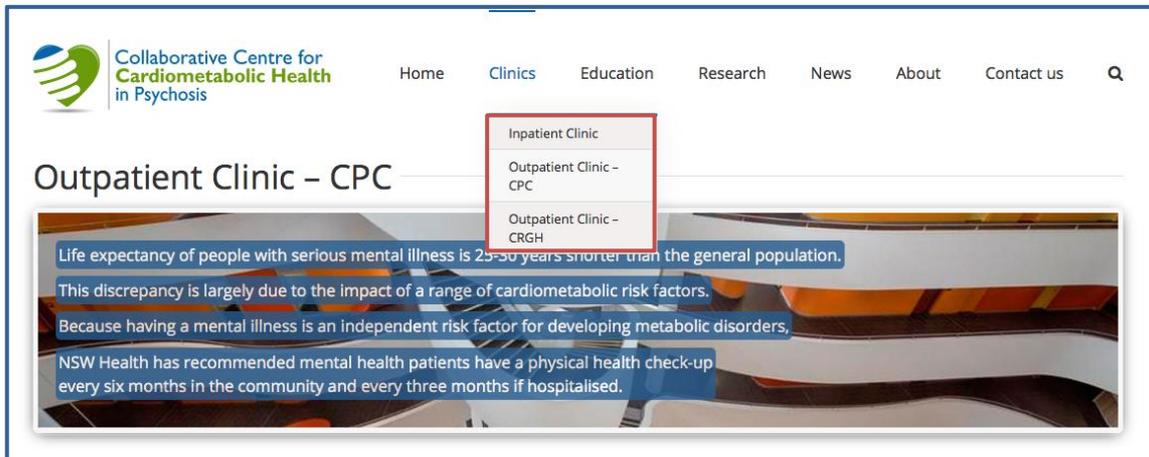
The physical health of people living with a serious mental illness is concerning. Many people die up to 20 years earlier than people without a mental illness. The most frequent cause of death is disease of the vessels in the heart – for example cardiovascular disease, heart attack or stroke. What is frightening is that often there are no symptoms, so most people will not be aware that there is anything wrong until it is too late. ccCHiP is one of the only clinics in the world that has many health professionals working together to try and stop this from continuing.

Eligibility criteria

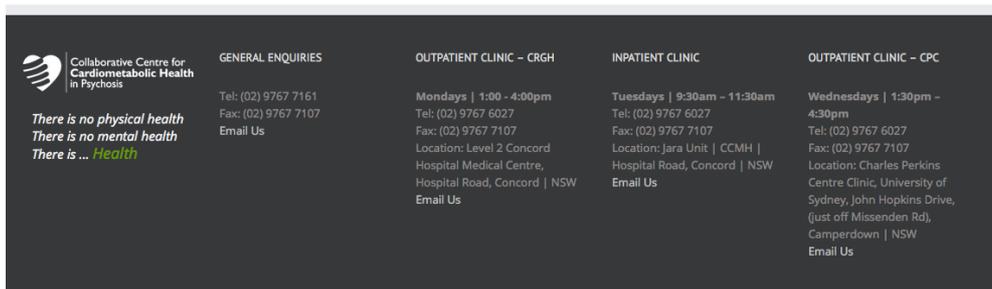
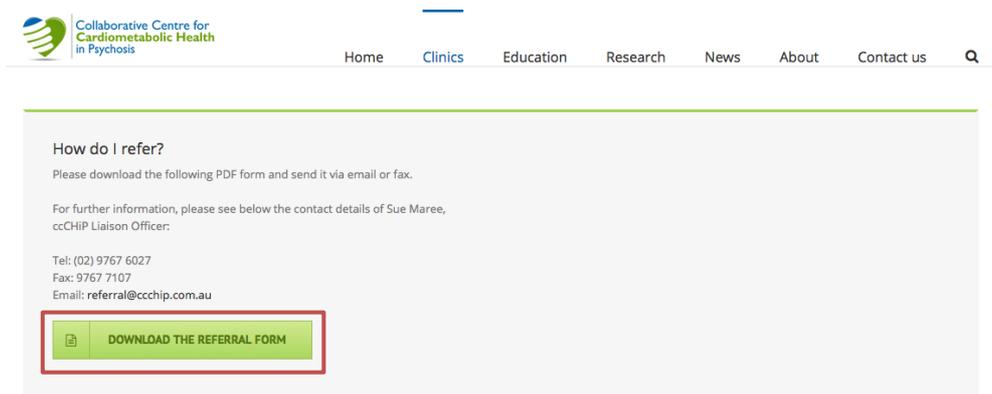


How to refer to ccCHiP

- Go to the ccCHiP website (<http://ccchip.clinic/>).
- Using your mouse hover over the “Clinics” heading in the top right hand corner and select either “Outpatient Clinic – CRGH” or “Outpatient Clinic – CPC”.



- At the bottom of the page click on the download referral form button to download the PDF form.



- Fill in:
 - Care co-ordinator details
 - Name of your organisation
 - Client details
 - Tick which clinic location is preferred (Concord Hospital Clinic or CPC Clinic)
- Please ignore the MRN field as this refers to hospital record numbers
- Send the referral form along with any other correspondence to:
Email: referrals@ccchip.clinic
Fax: 02 9767 7107
- Someone from the ccCHiP Team will contact the care co-ordinator regarding an appointment time.

Important things to remember

- The referral must be via a doctor, such as a GP or specialist.
- The referral must be signed by the referring doctor.
- Please include **ALL** medications and doses the consumer is currently taking. If you are unsure, ask the consumers regular GP or specialist.
- Please include the main purpose of the referral (e.g. diabetes, weight gain, cardiometabolic risk).
- The consumer must have a regular GP who will be involved in follow-up, care-coordination and medication review and prescribing.
- If the consumers regular GP is not the referring doctor, please provide contact details for the consumers regular GP.

Blood tests

- Please have the list of **fasting** (i.e. no food or drink for 8 - 10 hours) blood tests provided on the referral form completed within 2 months of the given appointment time.
- Older blood test results may no longer reflect the patient's clinical condition and will not be accepted.
- When completing the blood tests, please present the referral to the GP or pathology service so they can see the list of blood tests required.
- It is important that **all the listed blood tests are obtained** and that you tick them on the referral form once completed.
- Please send the blood test results sent through to ccCHIP **at least 2 weeks prior** to the clinic attendance date.
- If the referral and blood test results are not received 2 weeks prior to the clinic date, then the time slot may be offered to someone else.

Appointment day

- If an interpreter is required, the case manager or care co-ordinator needs to arrange this. The appointment can take up to one and a half hours, depending on the complexity of the people that we see on the day.
- Concord Hospital Outpatient Clinic is on Monday at 1:00pm
- Concord Hospital Outpatient Clinic address:
 - Level 2, Concord Hospital Medical Centre
 - Concord Hospital
 - Hospital Road
 - Concord, NSW, 2139
- Charles Perkins Centre Outpatient Clinic is on Wednesdays at 1:30pm
- Charles Perkins Centre Outpatient Clinic address:
 - Charles Perkins Centre Clinic
 - University of Sydney
 - John Hopkins Drive (just off Missenden Rd)
 - Camperdown, NSW, 2050

If you have any further questions please contact:

Nick Brisbane

Ph: 02 9767 6027

Email: referrals@ccchip.clinic